

Senior Concealed Carry Readiness Checklist

A one-page reference for choosing gear, building training habits, and staying legally and physically prepared as your body changes.

1. FIREARM FIT AND CONTROLLABILITY

- ☐ I chose this firearm because I can operate it reliably, not because it is the smallest option available.
- ☐ I can rack the slide fully, every time, without help (or I have chosen a revolver / tip-up barrel / slide-assist device instead).
- ☐ I can hold the grip firmly through multiple shots without the gun shifting in my hand.
- ☐ I have test-fired this exact model and the recoil is manageable for repeated practice, not just one shot.
- ☐ I can see the sights clearly, or I have adjusted the sights, optic, or light for my current vision.

2. HOLSTER, POSITION, AND WARDROBE

- ☐ I can draw cleanly from this holster and position in the clothing I actually wear day to day.
- ☐ The holster does not press on a joint, surgical site, or area affected by arthritis or reduced mobility.
- ☐ I have accounted for any mobility aid, medical device, or seated posture (car, recliner, wheelchair) in my carry position.
- ☐ My wardrobe choice supports consistent daily carry, not just occasional carry when I remember to dress around it.

3. TRAINING: THE FLOOR YOU MAINTAIN

- ☐ I can draw from concealment and land a first hit at realistic defensive distance (3 to 7 yards).
- ☐ I can clear a basic malfunction without needing to grip harder than my hands can manage under stress.
- ☐ I practice dry-fire on a regular schedule, not only when I make time for a live-fire range trip.
- ☐ I have retested my skill against a published benchmark in the last six months.

4. AWARENESS AND AVOIDANCE

- ☐ I scan any space I enter for exits and unusual behavior before I am distracted by the errand itself.
- ☐ I have thought through what distance and positioning I would need to create space before a threat gets close.
- ☐ I treat awareness as my first layer of defense, not a backup to the firearm.

5. LEGAL, HOUSEHOLD, AND HONEST CONVERSATIONS

- ☐ I know my state's current permit, training, and reciprocity requirements (verified this year, not assumed).
- ☐ I have a plan for secure storage and access if my grip strength, vision, or memory changes in the future.
- ☐ I have talked honestly with family or a trusted person about my carry decision and my plan if my capability changes.

This checklist is a starting point, not a substitute for hands-on instruction, a fit-check with a qualified instructor, or advice from a licensed firearms attorney in your state.