

Draw & Reholster How-To Card

Carry Position: _____

Holster: _____

Belt: _____

Date: _____

Safety First

1. Confirm unloaded for dry practice (triple-check). Ammo out of room.

2. Muzzle in a safe direction. Finger high on frame until you decide to shoot.

3. During reholster, go slow; the fight is over.

Four-Step Draw

1. Clear garment: sweep/lift fully.

2. Full firing grip in the holster: high tang, straight wrist.

3. Draw straight up, rotate muzzle downrange, meet support hand.

4. Press to extension; confirm sights; smooth trigger press.

Benchmarks: Consistent first hit at 7 yards in 1.7–2.2s by end of the program.

Reholster Protocol (Eyes-On)

1. Hard break after string; scan and breathe.

2. Clear garment; visually confirm holster mouth is clear.

3. Finger high; muzzle averted from body (especially AIWB).

4. Reholster slowly—no fishing, no speed.

Goal: Safe, eyes-on reholster under 3s without contacting the trigger or garment.

Common Errors & Fixes

1. Garment snags: lift higher; pin with forearm before grip.

2. Short grip: pause and build the full firing grip before draw.

3. Fishing the holster: stop, look, and re-index the holster mouth.

4. Sight dip on press: add wall drill/dry reps; press straight to the rear.

Quick Pars (use a timer)

1. Draw to sights (dry): 2.5–3.0s

2. Live one-shot hit @7 yd: 1.7–2.2s

3. Draw → reload → hit @7 yd: <4.5s

Personal Bests

First shot:

Reload string:

Date:

Legal Reminder

Know and follow your local and state laws. This card is training info, not legal advice. Stop any drill if safety is compromised.